

Healthy Weight Presentation

By Simon Harris



Key Statistics

- 77% of people did not know they were overweight or obese **Source: CMO**
- 18.2% of year 6 children in Ashford were obese in 2014 **Source: Public Health England**
- 22.7% of adults in Ashford were obese in 2014 **Source: PHE**
- Stanhope is a hotspot area

Why are interventions not perceived as working/making a difference?

- Complex issues
- Results take years
- Organisations are not learning by mistakes
- Biggest concern =
- **Lack of COMMUNICATION between Stakeholders**

Concerns

- Professionals do not share information
- Referrals are inconsistent
- The community do not know about the 'offer'

Recommendations

- ‘Whole systems’ approach
- Develop a locally tailored plan

Outcomes

- Evidence based services
- Locally aligned with core pathways
- Build on what is already there
- The importance to facilitate and collaborate systematically

Questions

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